

BACP MONITORING SPREADSHEET

Community Centre Details			Number of sessions (Forecast & Achieved)							Number of attendees (Forecast & Achieved)							RMBC Grant	Other funding	Private Hire	Comm Dev	Occasional / Special Event	Public Health Indicator				Comments field
Activity	Priority	Centre	Q1F	Q1A	Q2F	Q2A	Q3F	TOT-F	TOT-A	Q1F	Q1A	Q2F	Q2A	Q3F	TOT-F	TOT-A						PHI1	PHI2	PHI3	PHI4	
Community Gym and fitness provision	1.1	BACP	70	81	70	58	70	210	139	500	706	500	841	500	1500	1547				YES		% Physically active & inactive adults	Excess weight in adults			
Aerobics for girls & women	1.1	BACP	13	14	13	21	13	39	35	65	85	65	112	65	195	197				YES		% Physically active & inactive adults	Excess weight in adults			
Day-care provision for 50+ and vulnerable adults on specific week days & social drop-ins on non-day care days	1.1	BACP	12	24	12	23	12	36	47	140	250	140	332	140	420	582				YES		Social Isolation	self-reported well-being			
Gentle/Arm-chair exercise/Boccia -Men	1.1	BACP	6	7	6	10	6	18	17	30	35	30	52	30	90	87				YES		Social Isolation	% Physically active & inactive adults	self-reported well-being		
Gentle/Arm-chair exercise -Women	1.1	BACP	6	8	6	8	6	18	16	30	37	30	32	30	90	69				YES		Social Isolation	% Physically active & inactive adults	self-reported well-being		
Health awareness sessions/talks	1.1	BACP	1	2	1	3	1	3	5	12	26	12	33	12	36	59				PARTNERSHIP		Cancer screening coverage	self-reported well-being	% Physically active & inactive adults		A power point presentation on 5 Ways to Wellbeing and WEMWEBS; registration of over 30 adults for regular monitoring using the WEMWEBS scale, in association with Rochdale & District Mind. Two presentations on Bowel cancer screening
Shifa Dementia Support Group - Men	1.1	BACP	-	2	2	2	-	2	4	-	15	10	22	-	10	37				PARTNERSHIP		Other	self-reported well-being			BACP+Rochdale & District Mind
Shifa Dementia Support Group - Women	1.1	BACP	-	2	2	2	-	2	4	-	21	10	7	-	10	28				PARTNERSHIP		Other	self-reported well-being			BACP+Rochdale & District Mind
Healthy Lifestyle Taster Course - Men	1.1	BACP	-	-	-	5	-	-	5	-	-	-	54	-	-	54				PARTNERSHIP		Other	self-reported well-being	Social Isolation		Ad-hoc programme.BACP+RochdaleHealth Connections Team, Public Health
Healthy Lifestyle Taster Course - Women	1.1	BACP	-	-	-	4	-	-	4	-	-	-	33	-	-	33						Other	self-reported well-being	Social Isolation		Ad-hoc programme. BACP+RochdaleHealth Connections Team, Public Health
One on One Health advocacy surgery	1.1	BACP	1	3	1	3	1	3	6	3	3	1	4	3	7	7				PARTNERSHIP		Gap in the employment rate-long term health condition	Smoking prevalence			BACP+Living Well
BACP Youth Club 8-15- Saturdays	1.2	BACP	13	11	13	14	-	26	25	150	288	150	245	-	300	533		YES		YES		Other	Social Isolation	Excess weight in 4-5 and 10-11 year olds		
Youth Connections Boys - Sundays	1.2	BACP	9	9	9	-	-	18	9	180	174	180	-	-	360	174				PARTNERSHIP		Other	Social Isolation	self-reported well-being		BACP+Youth Connections (User Group); their regular activities are temporarily on hold .
Youth Connections Girls -healthy cooking, arts and crafts - Sundays	1.2	BACP	6	6	6	8	-	12	14	40	62	40	55	-	80	117				PARTNERSHIP		Other	Social Isolation	self-reported well-being		BACP+Youth Connections(User Group)
After-school drop-in club -weekdays - IT/pool	1.2	BACP	40	55	40	64	40	120	119	100	201	100	334	100	300	535				YES		Other	Social Isolation	self-reported well-being		
Week-end Bangla school	1.2	BACP	12	20	12	8	10	34	28	96	183	96	42	50	242	225				YES		Other	self-reported well-being			
Young Peoples' Study Circle - week-end	1.2	BACP	6	6	6	6	-	12	12	36	36	36	36	-	72	72					YES		Other	self-reported well-being		User Group
Advice/Advocacy sessions -welfare rights and general consumer issues	1.3	BACP	50	61	50	63	50	150	124	185	299	185	328	185	555	627	YES					Other	self-reported well-being			
Number of client enquiries/issues dealt with/redressed including form filling during advice/advocacy sessions	1.3	BACP	-	-	-	-	-	0	0	225	326	225	354	225	675	680						Other	self-reported well-being			
Driving Theory classes	1.3	BACP	-	10	-	-	-	0	10	-	100	-	-	-	0	100					YES		Other			WEA - User Group
Healthy Cooking classes	1.3	BACP	-	10	-	-	-	0	10	-	100	-	-	-	0	100					YES		Other			WEA - User Group
Admin support service to the community -photocopying, faxing, emailing, printing, scanning, letter drafting etc - number at 'photocopy' equivalent	1.3	BACP	-	-	-	-	-	0	0	2500	2451	2500	-	-	5000	2451				YES		Other	self-reported well-being			BACP provides administrative services to the local community e.g photocopying, faxing, scanning, emailing, prnting, letter drafting, translating etc at nominal charges. The revenue generated is lumped under one head. However, to give an idea, the number here reflects photocopy equivalent at 10p/copy.
Basic IT one-to-one support for beginners	1.4	BACP	6	2	6	7	6	18	9	12	3	12	22	12	36	25				YES		Other	self-reported well-being			

Talk English' classes	1.4	BACP	_	13	4	4	12	16	17	_	64	32	45	100	132	109			PARTNERSHIP		Other	self-reported well-being		BACP+ RMBC
ESOL Classes	1.4	BACP	_	25	15	8	11	26	33	_	250	150	85	110	260	335		YES			Other	self-reported well-being		WEA - User Group
Friday Community Get-togethers	2.3	BACP	12	12	12	13	12	36	25	260	265	260	268	260	780	533			YES		Social Isolation	self-reported well-being	Other	
Ad-hoc external booking for meetings,events	2.3	BACP	5	9	5	9	5	15	18	_	_	_	_	_	0	0		YES			Other			
Number of public events/celebrations	2.3	BACP	1	2	1	2	1	3	4	40	50	40	94	40	120	144				YES	Other			BACP partnered with Youth Connections to organise two events (car wash and BBQ) to raise money for charity. Alltogether about £2500 was raised. The events, all credits to YC, brought about the best spirit of giving and volunteering among the local youths while the local community shared with their generosity.
Free IT access to the community	3.1	BACP	50	60	50	63	50	150	123	150	178	150	177	150	450	355			YES		Other	self-reported well-being		
Work Club support sessions	3.1	BACP	10	13	10	12	10	30	25	50	107	50	89	50	150	196			YES		Other	self-reported well-being		
Volunteering/Work Placement/Work experience opportunities provided	3.1	BACP	_	20	5	29	10	15	49	_	4	2	6	2	4	10			YES		Other			Work Experience from schools + Duke of Edinburgh volunteer+ regular volunteer
Food Hygiene course	3.1	BACP	1	_	1	_	1	3	0	5	_	5	_	5	15	0			YES					Planned Food Hygiene course again put on hold due to cancellations.
Garment Making/Sewing classes	3.1	BACP	_	23	_	3	10	10	26	_	230	_	30	100	100	260			YES		Other	self-reported well-being		WEA - User Group
Pattern Making	3.1	BACP	_	_	_	3	10	10	3				30	100	100	30			YES			self-reported well-being		WEA - User Group
								0	0						0	0								

- 1.1 1.1 INCREASED HEALTHY LIFE AND WELL-BEING
- 1.2 1.2 CHILDREN AND ADULTS SAFEGUARDED FROM H/
- 1.3 1.3 PEOPLE AND COMMUNITIES MORE INDEPENDEN
- 1.4 1.4 MORE PEOPLE HAVE HIGHER SKILLS AND GREATE
- 2.1 2.1 HIGH QUALITY BUILDINGS AND PUBLIC SPACES
- 2.2 2.2 ACCESSIBLE AND USED COUNTRYSIDE
- 2.3 2.3 PLACES WHERE PEOPLE WANT TO LIVE AND STAY
- 3.1 3.1 MORE ROCHDALE PEOPLE IN WORK

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