

APPENDIX 1

REGISTERED PROVIDER LOCAL INITIATIVES 2016/17

RP	Initiative
<p>Contour Homes</p> 	<p>Sponsored the badminton courts for Middleton Heartline Club for 6 months (Wednesday and Friday mornings 10-12pm at Middleton Arena) for anyone who has suffered with heart problems (and their family) to join this group- social interaction, events, gym, badminton, Zumba, holistic therapies). Awarded £2000 Contour Cash for Communities funding (match funded by CCG).</p>
<p>Contour Homes</p> 	<p>Armchair Exercises at D'Olivera Court, Sheltered Scheme in Langley (Monday mornings 11am – 12pm) Funded these sessions for 8 months, open to the wider community for older people who have mobility problems and might want to do gentle exercise and social interaction. Awarded £1350 Cash For Communities Funding (match funded by Big Life- free health care worker who does check ups). Monthly art group linked to this run from the sheltered scheme too.</p>
<p>Contour Homes</p> 	<p>Rochdale Multicultural Arts and Media Centre (MAMC) Wellbeing Café (by Rochdale train station) Awarded £1000 Contour Cash for Communities (match funded by local businesses £800 to get the café started). Open every day for people to come and have refreshments and get support with job search, work experience, IT access, creative writing, music, dementia cafes and more.</p>
<p>Contour Homes</p> 	<p>Working with 26 tenants who are job seekers linking in with Skills For Employment deliverers- Employment Links Partnerships.</p>
<p>Contour Homes</p> 	<p>Basic IT courses- 10 week course to support tenants moving over to Universal Credit Online, run from Middleton Lighthouse Project (Middleton Shopping Centre) Monday mornings 9.30am – 11.30am (6 weeks left to go). Have 4 attendees at the moment and open to the wider community (wider IT project across other neighbourhoods Contour has sponsored £2000 in total with match funding from Awards For All Lottery).</p>

RP	Initiative
Regenda The Regenda Group	Petrus Community joined the Regenda Group in 2016 and we are continuing to develop services and provision together, including within Rochdale.
Regenda The Regenda Group	Our work with the RHI Health & Housing initiative has continued with further strategic discussion and planning by regional providers. Provision has developed around hospital to home activities.
Regenda The Regenda Group	We continue to review opportunities for appropriate development, including a range of tenures, and we are also reviewing options for community regeneration activity.
Regenda The Regenda Group	We are working with RHI and the Empty Homes team to identify and assess potential opportunities for different parts of the Regenda Group.
St Vincent's Housing Association 	Over to You (O2Y) - The objectives are to listen to customers experiences, positive and negative, record information and support customers in understanding their rights and responsibilities when using the Health and Social Care Services; thus improving the skills, knowledge and confidence of customers, their friends and families, and to challenge the quality of Health and Social Care Services. Over 2 You aims to work as a critical friend, enabling Health and Social care providers to listen to queries, compliments or concerns expressed by patients and their families and include them in future decision making and planning.

RP	Initiative
<p>St Vincent's Housing Association</p> 	<p>Pregnancy therapy - In July 2016 SVHA set up a pilot project in Rochdale in partnership with Deeplish Children's Centre funded by Rochdale Housing Initiative. This project has received 45 referrals seen 32 women for a first appointment.</p> <p>Women that have been referred to the service at both locations have come to us at different stages in their pregnancy, or postnatally. The problems that they were presenting with included:</p> <ul style="list-style-type: none"> • Suffering with stress and anxiety on a daily basis maybe because of an on- going situation at home • Experiencing physical pain during their pregnancy or postnatally after giving birth • Anxiety towards the birth either because they are going to be come first time mothers or because they had experienced a difficult birth previously • Suffering with depression either during their pregnancy, postnatally or feeling low in mood • Struggling to bond with baby • Drug / alcohol problems • Suffering domestic violence