



Falinge Park Winter Timetable

All Classes Free unless otherwise stated

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10am-12 Craft Club Knit & Natter Cardmaking Drop In	5:45pm - 6:45pm Zumba Class With Laura	5pm - 6pm Gentle Exercise With Janice	1pm-3pm How to use a Tablet Basic IT use Course Rolling Program Contact Tracie 07760354 698	Closed For Park Development	10am-4pm Tea Rooms Open to the Public	Closed During Winter
10.30 - 11.30 Textile Workshop Contact Tracie 07760354 698	6pm-8pm Sweet Making Beginners class in confectionary	6pm-7pm Pathweighs SlimFit Club Nutrition Advice & guidance	Closed For Park Development	Closed For Park Development	10am—10.30am Pathweighs Healthy Walk Meets at the Tea Room	
1.30pm - 3.30pm Craft Club Glass Painting Ceramic Art Drop In	6pm-8pm Art Workshop Beginners class in Art (Mixed Mediums)	Free Weigh In & One to one health session Contact Tracie 07760354 698	6pm Adult Theatre Classes £40 per month With Footlight Theatre Productions	Closed For Park Development	10.30am - 11.30am Zumba Class Contact Tracie 07760354 698	
12.30pm - 1.30pm Upcycling Contact Tracie 07760354 698	Rolling Program contact Sam 07783 413 911 to Book	7pm - 8pm Rebound Fitness Class Trampoline Class Contact Tracie 07760354 698		Closed For Park Development	10.30pm - 12.30pm Upcycling Contact Tracie 07760354 698	