



Date of Meeting – 28<sup>th</sup> January  
2020

Portfolio-Integrated  
Commissioning

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Lead Member- Councillor Ahmed

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Public Document

## Rochdale & District Mind contracting options from 1 April 2020

### 1. Executive Summary

- 1.1 Members are asked to approve an exemption to extend the current Rochdale & District Mind contract for a further 12 months from 1 April 2020 to 31<sup>st</sup> March 2021 to allow the completion of a service review in line with wider prevention services.
- 1.2 The recurrent CCG contract value is £369,036; the non-recurrent value is £53,896 excluding CQUIN payment. The Local Authority contribution is £122,235.
- 1.3 Members are asked to agree that the decision to tender the new model and subsequent contract award is delegated to the Director of Strategic commissioning.
- 1.4 The aim of the contract is to improve mental health and wellbeing across the borough. The focus is on prevention, raising awareness of mental health and promoting self-help. Services include work experience opportunities, counselling, therapy and a dementia family link service.

### 2. Recommendation

- 2.1 **Option 3:** That the Board approve an exemption to extend the current contract for a further 12 months from 1 April 2020 to 31<sup>st</sup> March 2021 to allow the completion of a service review in line with wider prevention services.

### 3. Reason for Recommendation

- 3.1 The council and CCG are conducting a wider review of prevention services and are seeking to review mental health prevention services alongside this process to ensure a whole system approach. It is therefore sensible to seek to extend the current arrangements to give time for this process to be concluded. It is intended that the service review will be completed with the aim of an open tender exercise beginning by September 2020 and a new service to commence from 1 April 2021.
- 3.2 The service review will consider service quality, value for money, demand and how the services meet CCG, Local Authority and Public Health strategic priorities including those set out in the NHS Long Term plan.

### 4. Key Points for Consideration

- 4.1 HMR CCG hold an NHS standard contract with Rochdale and District Mind to provide mental health services to people living in Heywood, Middleton and Rochdale.
- 4.2 The contract Co-ordinating Commissioner is HMR CCG with Rochdale Borough Council (including Public Health and Wellbeing) as a co-commissioner. This contract has been in place since 1st April 2014 with 12 month contracts being issued from 1st April each year since then. The current 12 month contract expires on 31st March 2020 with no option to extend.
- 4.3 The overarching aim of the services is for people to have better mental health and wellbeing across Heywood, Middleton and Rochdale. The focus is on prevention and raising awareness of mental health and promoting self-help. A summary of service user outcomes over a six month period showed over 50% of those using Mind services in HMR reported an increased sense of hope, increased confidence, increased self-esteem and increased feelings of relaxation. Additionally service users reported feeling less dependent on medication and used professional support less. A reduction in GP appointments was also reported.

#### The services

- 4.4 Mind provide a number of non-statutory services including the following:
- 4.5 The **community business service** provides work experience opportunities in two cafes and an allotment with the aim of improving participants' independence by building confidence and self-esteem, and reducing social isolation.
- 4.6 The aim of the **Wellbeing Service** is to promote positive mental health by focusing on wellbeing, recovery and social inclusion by providing a range of self-help tools and wellbeing activities including groups and courses.

- 4.7 **Psychological services** provide an opportunity for clients to engage in individual counselling and therapy groups with the aim of supporting people to manage their mental health issues and lead a more fulfilling and productive life.
- 4.8 The aim of the **Rochdale offenders mental health project** is to empower and equip offenders with the skills to manage and maintain their mental health and wellbeing as part of their rehabilitation. The project offers a range of face to face, telephone and group support including one-to-one coaching sessions, access to Rochdale and District Mind's programme of wellbeing activities and courses, and supported signposting to community, educational, art, exercise, social and leisure facilities. The service also works with families of offenders to manage any stresses and anxieties they may have as a result of the offending behaviour.
- 4.9 The **Mind Wellbeing centre** offers a 'hub' including a point for access and offers a range of services that individuals can use to improve their mental health. The focus is on prevention and raising awareness of mental health and promotes self-help wherever possible. Information, advice and signposting through a helpline, wellbeing directories and outreach sessions is also provided.
- 4.10 The **Dementia Shifa family link worker service** will offer person-centred support to people living in the community with memory changes or a diagnosis of dementia, to enhance their ability to live well and Independently, with ongoing support for carers and family members working towards tailoring dementia care services to diverse communities.

#### **Performance and outcomes**

- 4.11 We have a high level of confidence in the current delivery of the service, with performance targets being met over the course of the year and in some instances exceed the targets.
- 4.12 **Options considered**
- Option 1:** Do nothing - The contract will end on 31 March 2020 and the services ends. This would leave the residents of HMR with no access to these prevention level mental health services.
- Option 2:** Do not issue a new contract from 1 April 2020 and go to procurement with immediate effect with a view to the provider being in place by June 2020. This means the service would be delivered outside of contract for two months and procurement would be done without the benefit of a service review.
- 4.13 **Option 3:** That the Board approve an exemption to extend the current contract for a further 12 months from 1 April 2020 to 31<sup>st</sup> March 2021 to allow the completion of a service review in line with wider prevention services.

## 5. To Costs and Budget Summary

5.1 The recurrent CCG contract value will be £369,036 and non-recurrent value of £53,896 excluding CQUIN payment, with Local Authority contributions to be £122,235. There is also the potential for the provider to earn an additional quality payment on the recurrent CCG contract value via the CQUIN scheme to the value of £4,612. Local Authority funding is reduced by £11,031 from the 19/20 contract value. We do not anticipate any loss of service as a result of the funding reduction. It should also be noted that funding will be subject to any guidance published by NHS England in relation to NHS standard contracts. The £53,896 non recurrent CCG contribution is subject to the outcome of commissioning intentions which should be finalised before the end of the 19/20 financial year.

|                             | R/NR          | Contract Value |
|-----------------------------|---------------|----------------|
| CCG Contract                | Recurrent     | 369,036        |
| Open Young Minds            | Non-Recurrent | 53,896         |
| Rochdale Borough Council    | Recurrent     | 122,235        |
| Public Health and Wellbeing | Recurrent     | -              |
|                             |               | <b>545,167</b> |

## Risk and Policy Implications

- 6.1 The NHS Mental Health Implementation Plan 2019/20 – 2023/24 sets out the opportunities for Voluntary, Community and Social Enterprise (VCSE) Sector leadership in delivery and implementation. The plan states that “The VCSE also plays an essential role in the delivery of LTP ambitions.”
- 6.2 The risk of not providing access to preventative mental health and wellbeing is that we may see increased demand for primary and secondary care mental health services.

## Consultation

- 7.1 If approved commissioners will work with providers, stakeholders and service users during the service review process to shape future service delivery.

## 8. Background Papers

## Place of Inspection

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