

# Children and Young People Update

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## Child and Adolescent Mental Health LTP Key Priorities

Expanding access to community-based mental health services to meet the needs of more children and young people.

New approach to young adult mental health services for people aged 18-25 will support the transition to adulthood.

Expand timely, age-appropriate crisis services to improve the experience of children and young people and reduce A&E and paediatric wards pressures.

Mental health support for children and young people will be embedded in schools and colleges

Tackle the causes of morbidity and preventable deaths in people with a learning disability and for autistic people....

The whole NHS will improve its understanding of the needs of people with learning disabilities and autism, and work together to improve their health and wellbeing...

Enable more people to receive personalised care in the community, closer to home, and reduce preventable admissions to inpatient service, such as Ealing Model.

all children and young people experiencing crisis will be able to access crisis care 24 hours a day, seven days a week.

# The work of CAMHS Successes 2022

## Community Based Support



- 24/7 crisis line for CYP and their families staffed by CYP specialist practitioners
- VCSE Thrive Navigators co-located in CAMHS to offer CYP and families to thrive once therapeutic support has ended, offering broad range of psycho-social and ongoing peer support.
- Introducing CYP practitioners in PCNs and GPs with highest CAMHS referrals to close gap between primary and secondary care -Design stage
- Successful transfer of Rapid Response Teams from PCFT to MFT

## Mental Health Support embedded in Education



- Development of Mental Health Support Teams in each town by end of 2022.
- Supporting trainee Education Mental Health Practitioners through their training placements across all five localities.
- Increased partnership working between Health and Education
- Emotionally based school avoidance pathway in development

## Transforming Crisis Services



- Expansion of Home Intervention Team Service opening up to referrals from RRT and Mental Health programme schools and Liaison services.
- Development of multi-agency response for children and young people to prevent a mental health crisis, provide assessment and support on paediatric wards. Accelerating to implementation with RRT and HIT oversight and leadership.

## Support for Learning Disabilities and Autism



- CAMHS leadership engagement in design and implementation of Radcliffe service
- Maximise estate efficiency opportunity to utilise Radcliffe Base through successful partnership working.
- Working with GM Integrated Care to understand needs of people with learning disabilities and autism and recognise early signs that might lead to a crisis.
- Enhanced clinical input to establish Dynamic Registers and Dynamic Systems with GM.

## Personalised Care Closer to Home



- Working with GMMH and MFT to develop a capacity and demand analysis to expand provision of Parent Infant Mental Health Services.
- Development of Intensive Therapeutic Enhanced Support Service (Ealing), with strong local authority, locality partnerships and co-design with Parent and Carer Forum leads to prevent admissions-Service launch early 2023.
- Access to increasing feeding and day provision to reduce reliance on paediatric admissions for refeeding and stabilisation.

## Supporting inpatient pathways and flow



- Established partnerships with Tameside and Stockport Local Authority residential care leads to design Parachute service aligned to GM Integrated Care principles.
- Working together with Stockport LA Participation lead to create shared understanding that embeds a trauma informed approach and culture to participation, co-production and use of language.
- Establishing working groups in Tameside and Stockport to design a health wrap around, social care led residential offer to provide support at point of crisis.

# Heywood, Middleton and Rochdale Successes

Social prescribing  
and a range of  
creative offers

#Thrive service –  
innovative PCFT and  
VCSE partnership



Locality CAMHS  
Link Workers  
embedded in  
neighbourhoods

Highest access  
rate in GM,  
consistently  
above national  
target

Working in  
partnership to  
develop parent  
and peer support  
models

Robust multi-  
agency access  
point

# Current Challenges

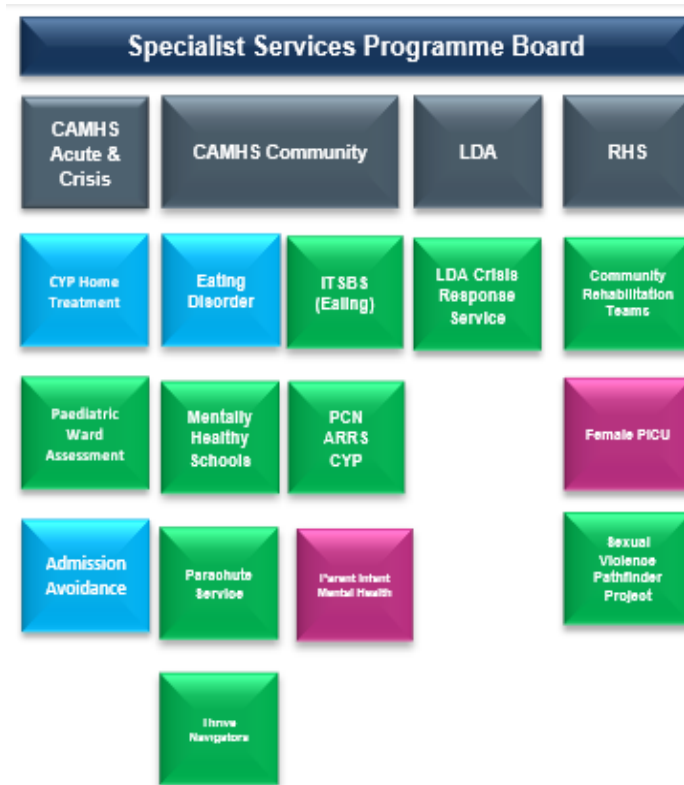
## Significant increases in demand and prevalence

- Increase in crisis and community activity
- Increase in inpatient demand and acuity

## National Workforce Challenges

- Ability to recruit to fulfil existing vacancies in services
- Recruiting to new 'transformation' services, new services are often not new workforce but rather those leaving another role vacant to move to a new position.
- Local recruitment events to enhance opportunities

## Volume and Scale of Transformation



## Waiting Times

- Significant waiting time for neuro developmental assessments
- demand for service is far greater than our current capacity
- Reviewing pathways to improve efficiency and flow.

## HMR Pathways

- HMR teams currently covering three urgent care environments
- Affects travel time and distance, capacity and resource.
- Distribution of resource across three geographical areas.